

# ACCESS: The Weekly Record

Name	Date	Period
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<b>Set a Goal</b> ("By Friday I will be able to say that I...")	<b>PASE Yourself</b>	
	<b>Personal</b>	<b>Academic</b>
	<b>Social</b>	<b>Extracurricular</b>

**Make a Plan** (List two specific actions you can do or strategies you can use to reach this goal by Friday.)

1.

2.

**Claim, Reasons, & Evidence** (*What you accomplished, why you accomplished it, evidence that you did.*)

**Weekly Wisdom** (What did you learn about yourself, people, or the world this week?)

## Weekly Academic Record

	Class	Teacher	HW		Quizzes	Tests	PR Grade	Abs	Late	Grade
			Total	Comp						
1°										
2°										
3°										
4°										
5°										
6°										
7°										

## Weekly Reflection

### Suggestions/Prompts

- This week I finally...
- One strategy that helped was...
- I felt really good when I...
- I got very frustrated by...
- What worked/what did not...
- Last week I...but this week...
- It's hard for me to.. because...
- What went well/what did not...
- What's hard/getting easier...
