

WHICH AGE IS THE BEST?

Imagine that you are seventy years old. Based on your own experiences, goals, and future dreams, how might you fill out this chart at different points in your life? When you get to ages far older than you are now, think how your parents, relatives, and other adults in your life might answer.

Age and best memories	Advice you'd give someone that age so that person would really appreciate and enjoy that stage of life
Elementary school	
High school	
Midtwenties	
Midforties	