**My Talk-About Self-Evaluation Checklist**

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| Check | Questions for  Self-Evaluation | Reflections on My Participation |
|  | Did I offer a compliment? |  |
|  | Did I disagree respectfully? |  |
|  | Did I offer factual information and cite evidence? |  |
|  | Did I ask questions and seek proof? |  |
|  | Did I paraphrase and summarize? |  |
|  | Did I add on to someone’s ideas or ask for clarification? |  |
|  | Did I express an opinion? |  |
| What should I focus on during my next conversation?  1.  2.  3. | | |